

Curriculum Vitae

Name: Shirley De Marco

Job Title: MBACP Accredited Counsellor

Contact Address: The St Giles Clinic
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Experience

- 2003 – present
Counsellor at the St Giles Clinic, specialising in working with patients who have experienced trauma or abuse. I also work with men with anger issues.
- 2001 – 2006
Staff Counsellor at the University of East Anglia Counselling Service. I worked exclusively with staff from the University, John Innes Research Centre and The Institute of Food Research. I worked long term with the University staff and short term (six sessions) with staff from the John Innes Institute and The Institute of Food Research.
- 2003
Six months working as a counsellor at Costessey Medical Practice, Norwich, where I covered a colleague's extended sick leave. I offered short term (six sessions) to clients that presented with a range of problems.
- 1999 – 2001
I worked as a counsellor with students from diverse ethnic and cultural backgrounds at the University of East Anglia Counselling Service.
- 1991 – 2001
Counsellor at West Earlham Surgery, situated in an economically deprived area of Norwich. I gained considerable experience working with clients who presented with a wide range of issues, which significantly affected their ability to function at work and in their personal lives.

2000 – 2003 Counsellor at ‘Off the Record’. A voluntary counselling service where I gained experience working with clients who anonymously self-referred and those who were referred from General Practitioners.

Clinical Supervisor

2002 – 2004 Supervisor, Waveney Valley Group of Health Centres.
2003 – 2007 Supervisor, UEA Postgraduate Diploma in Counselling.

Trainer

2000 – 2001 Trainee trainer on the Postgraduate Diploma in Counselling at the University of East Anglia.

2004 Listening skills training for bullying and harassment advisors at the University of East Anglia.

2004 Bereavement workshop for volunteers, Priscilla Bacon Lodge, Norwich.

Qualifications

9 ‘O’ Levels
2 ‘A’ Levels

1982 State Enrolled Nurse
2000 Postgraduate Diploma in Counselling, UEA
2003 Postgraduate Certificate in Supervision, UEA

Professional Development

I am an accredited member of the British Association for Counselling and Psychotherapy. I comply with their recommended guidelines for counsellors regarding supervision and ongoing professional development and adhere to their Ethical Framework for Good Practice.

I keep confidential case notes in accordance with the Data Protection Act.

I have professional indemnity insurance.

Other Relevant Professional Experience

Psychotherapy

2005 – 2006

Attendance of the International Society for the Study of Dissociation's Psychotherapy Training for Dissociative Disorders for a total of 22 ½ hours of credit.

Nursing

1982 – 1984

General surgical ward, Norfolk & Norwich Hospital.

1984 – 1986

Theatre and Recovery, Orthopaedic and Ophthalmic theatres, Lincoln County Hospital.

National Childbirth Trust

1994 – 1999

North Norfolk Area Organiser, Ante natal and Post natal supporter.

References

1. Darren Spooner

The St Giles Clinic
First Floor, Willow Lane House
Willow Lane
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NR2 1EU

2. Professor B. Thorne

Norwich Centre
7 Earlham Road
Norwich
NR2 3RA